

# Asking Questions Well

## For Starters:

- Be prayerful
- Know the passage you're reading in context Planning 1 on 1s:

First things First: Find the Main Point of the passage.

- What do I want them to realize about God?
- What do I want them to realize about Themselves? • What do I want them to Do?

*\*\*\*This is a basic outline for your 1 on 1s\*\**

## Asking good questions:

- Ask questions that help them come to Conclusions.
  - *help them to help themselves*: Ask them the questions you think they should be asking about the text
    - Theological questions: *questions about God and how he relates to the world*
    - Gospel questions: *questions that help them relate this text to the gospel*
    - Reflection questions: *questions the make someone look inward*
    - Application questions: *Questions that help them apply the text*
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## Helpful tips:

- If there is something admirable about the author, or a key character in the text, ask questions to help them identify what those things are • Be **patient** as people come to conclusions • Define words together!
  - Provide helpful context
  - Ask if they have questions or if anything is confusing. Are they challenged by anything?
  - Sit on something longer if you think it's important
  - Ask them to summarize important points
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Example: **James 1:2-5**

Main point: God is purposeful in our trials. He desires partnership with us and provides us with Joy and Wisdom if we ask in faith.

1. What do I want them to realize about God? He gives wisdom and can give joy even in hard times
  - Questions to ask:
    - What does James seem to believe about God?
    - What does this say about God's nature?
2. What do I want them to realize about themselves? Any negative attitudes they may have towards trial & that they can partner with God in their trials.
  - Questions to ask:
    - Are there any trials in your life right now?
    - How do you typically respond to a trial?
    - What hints can you take from James on how to approach that situation?
3. What do I want them to do? Seek God for wisdom in prayer • Questions to ask:
  - Has anything challenged you from this reading?
  - Help them create a **SMART goal**
    - Ex: "I'm going to set a timer on my phone each day this week at 9pm to pray and ask God for wisdom in my trial"

<div style="background-color: #800080; color: white; text-align: center; padding: 10px;"> <div style="font-size: 48px; margin: 0;">S</div> <div style="font-weight: bold; margin-top: 5px;">Specific</div> </div>	<div style="background-color: #FF0000; color: white; text-align: center; padding: 10px;"> <div style="font-size: 48px; margin: 0;">M</div> <div style="font-weight: bold; margin-top: 5px;">Measurable</div> </div>	<div style="background-color: #00CED1; color: black; text-align: center; padding: 10px;"> <div style="font-size: 48px; margin: 0;">A</div> <div style="font-weight: bold; margin-top: 5px;">Attainable</div> </div>	<div style="background-color: #FFA500; color: black; text-align: center; padding: 10px;"> <div style="font-size: 48px; margin: 0;">R</div> <div style="font-weight: bold; margin-top: 5px;">Realistic</div> </div>	<div style="background-color: #008000; color: white; text-align: center; padding: 10px;"> <div style="font-size: 48px; margin: 0;">T</div> <div style="font-weight: bold; margin-top: 5px;">Time-bound</div> </div>
<div style="background-color: #800080; color: white; padding: 10px;"> <p>Do: Set real numbers with real deadlines.</p> <p>Don't: Say, "I want more visitors."</p> </div>	<div style="background-color: #FF0000; color: white; padding: 10px;"> <p>Do: Make sure your goal is trackable.</p> <p>Don't: Hide behind buzzwords like, "brand engagement," or, "social influence."</p> </div>	<div style="background-color: #00CED1; color: black; padding: 10px;"> <p>Do: Work towards a goal that is challenging, but possible.</p> <p>Don't: Try to take over the world in one night.</p> </div>	<div style="background-color: #FFA500; color: black; padding: 10px;"> <p>Do: Be honest with yourself- you know what you and your team are capable of.</p> <p>Don't: Forget any hurdles you may have to overcome.</p> </div>	<div style="background-color: #008000; color: white; padding: 10px;"> <p>Do: Give yourself a deadline.</p> <p>Don't: Keep pushing towards a goal you might hit, "some day."</p> </div>